

Golf Activity by Level

Type of Activity Indicative Start Date (subject to change)	Beyond Level 0 From Monday 24 January	Beyond Level 0 Current	Level 0	Level 1	Level 2	Level 3
On Course Activities	<ul style="list-style-type: none"> Groups of up to 4 golfers with no restrictions on number of households. Best practice advice is that all tee times should be booked in advance. Caddy services may continue. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place. All golf course furniture may be returned for normal use, including the removal of flagsticks, standard hole cups and bunker rakes. Preferred lies in bunkers may remain. 	<ul style="list-style-type: none"> Groups of up to 4 golfers with no restrictions on number of households. Best practice advice is that all tee times should be booked in advance. Caddy services may continue. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place. All golf course furniture may be returned for normal use, including the removal of flagsticks, standard hole cups and bunker rakes. Preferred lies in bunkers may remain. 	<ul style="list-style-type: none"> Groups of up to 4 golfers with no restrictions on number of households. All tee times must be booked in advance. Professional caddy services may continue. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place. All golf course furniture may be returned for normal use, including the removal of flagsticks, standard hole cups and bunker rakes. Preferred lies in bunkers may remain. 	<ul style="list-style-type: none"> Groups of up to 4 golfers with no restrictions on number of households. All tee times must be booked in advance. Professional caddy services may continue. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place. 	<ul style="list-style-type: none"> Groups of up to 4 golfers with no restrictions on number of households. All tee times must be booked in advance. Professional caddy services may continue. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place. 	<ul style="list-style-type: none"> Groups of up to 4 golfers within Scotland with no restrictions on the number of households. All tee times must be booked in advance. Any golf club/course which is accessed on a regular basis by over 200 members or visitors, in a single day, must have in place a designated COVID officer and appropriate risk assessments. More detail is available in sportscotland's Phase 3: Return to Sport and Physical Activity guidelines – click here Professional caddy services may resume, providing all physical distancing and hygiene measures are adhered to. There are no restrictions on the number of households a caddy can have contact with per day, but services should be limited to carrying of bag, providing advice and not passing golf clubs to the player. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place.
Clubhouse Facilities – locker rooms and toilets	<ul style="list-style-type: none"> All clubhouse facilities may open. Access to, and use, of changing rooms and showering facilities is permitted if appropriate risk assessment and hygiene measures have been put in place. However, the safety of participants is the priority and facility operators should consider whether use of the areas is necessary. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here 	<ul style="list-style-type: none"> All clubhouse facilities may open. Access to, and use, of changing rooms and showering facilities is permitted if appropriate risk assessment and hygiene measures have been put in place. However, the safety of participants is the priority and facility operators should consider whether use of the areas is necessary. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here 	<ul style="list-style-type: none"> All clubhouse facilities may open. Access to, and use, of changing rooms and showering facilities is permitted (other than in Level 4 areas where indoor facilities should remain closed) if appropriate risk assessment and hygiene measures have been put in place. However, the safety of participants is the priority and facility operators should consider whether use of the areas is necessary. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here 	<ul style="list-style-type: none"> All clubhouse facilities may open. Use of changing and showering facilities should be avoided where possible, although they may be available (other than in Level 4 areas where indoor facilities should remain closed) for participants who require additional support such as disabled people or those with special needs. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here 	<ul style="list-style-type: none"> All clubhouse facilities may open. Use of changing and showering facilities should be avoided where possible, although they may be available (other than in Level 4 areas where indoor facilities should remain closed) for participants who require additional support such as disabled people or those with special needs. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here 	<ul style="list-style-type: none"> All clubhouse facilities may open. Use of changing and showering facilities should be avoided where possible, although they may be available (other than in Level 4 areas where indoor facilities should remain closed) for participants who require additional support such as disabled people or those with special needs. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here
Indoor Hospitality Government Hospitality Guidelines: Click here	<ul style="list-style-type: none"> All indoor hospitality may continue. Alcohol may be served. Further hospitality guidance can be found here. 	<ul style="list-style-type: none"> All indoor hospitality may continue. All indoor hospitality should reintroduce 1m physical distancing between groups (27 Dec). Groups may consist of up to 3 households (27 Dec). Table service should be reintroduced where alcohol is served (27 Dec). Large scale indoor events can go ahead if 1m physical distancing is in place and attendances limited to 100 standing or 200 seating – further guidance can be found here (26 Dec). Further hospitality guidance can be found here. 	<ul style="list-style-type: none"> All indoor hospitality may continue. Groups may consist of up to 10 people from 4 households. Under 12s do not count towards the total number of people permitted to meet. Alcohol may be served. Licensing times apply. 	<ul style="list-style-type: none"> All indoor hospitality may operate until 23.00. Groups may consist of up to 8 people from 3 households. Alcohol may be served. 	<ul style="list-style-type: none"> All indoor hospitality may operate until 22.30. Groups may consist of up to 6 people from 3 households. Alcohol may be served (2 hour dwell time). 	<ul style="list-style-type: none"> All indoor hospitality may operate until 20.00. Groups may consist of up to 6 people from 2 households. No alcohol may be served.
Outdoor Hospitality Government Hospitality Guidelines: Click here	<ul style="list-style-type: none"> All outdoor hospitality may continue. Alcohol may be served. Licensing times apply. Further hospitality guidance can be found here. 	<ul style="list-style-type: none"> All outdoor hospitality may continue. Alcohol may be served. Licensing times apply. Further hospitality guidance can be found here. 	<ul style="list-style-type: none"> All outdoor hospitality may continue. Groups may consist of up to 15 people from 15 households. Under 12s do not count towards restricted numbers or households outdoors. Alcohol may be served. Licensing times apply. 	<ul style="list-style-type: none"> All outdoor hospitality may continue. Over 18s: Groups may consist of up to 12 people from 12 households. Under 12s do not count towards restricted numbers or households outdoors. Alcohol may be served. Licensing times apply. 	<ul style="list-style-type: none"> All outdoor hospitality may continue. Over 18s: Groups may consist of up to 8 people from 8 households. Under 12s do not count towards restricted numbers or households outdoors. Alcohol may be served. Licensing times apply. 	<ul style="list-style-type: none"> All outdoor hospitality may resume. Groups may consist of up to 6 people from 6 households. Under 12s do not count towards restricted numbers or households outdoors. Alcohol may be served. Licensing times apply.
Professional/Retail Shops	<ul style="list-style-type: none"> All professional and retail shops may open. 	<ul style="list-style-type: none"> All professional and retail shops may open. 	<ul style="list-style-type: none"> All professional and retail shops may open. 	<ul style="list-style-type: none"> All professional and retail shops may open. 	<ul style="list-style-type: none"> All professional and retail shops may open. 	<ul style="list-style-type: none"> All professional and retail shops may open.
Other Facilities – driving ranges, swing studios and club fitting	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Club fitting services may be offered at this time. 	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. 1m physical distancing should be followed at all times for adults and encouraged for under 18s. The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Club fitting services may be offered at this time. 	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Club fitting services may be offered at this time. 	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Club fitting services may be offered at this time. 	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. Under the age of 18 – The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Over the age of 18: Can open on a 1:1 basis for individual exercise. Club fitting services may be offered at this time. 	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. Under the age of 18 – The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Over the age of 18: Can open on a 1:1 basis for individual exercise. Club fitting services may be offered at this time.
Coaching	<ul style="list-style-type: none"> All outdoor coaching is permitted. 	<ul style="list-style-type: none"> All outdoor coaching is permitted. Group coaching should not exceed group sizes of 500. Group sizes exclude coaches, officials and other support staff. 	<ul style="list-style-type: none"> All outdoor coaching is permitted. Group coaching should not exceed group sizes of 500. Group sizes exclude coaches, officials and other support staff. 	<ul style="list-style-type: none"> All outdoor coaching is permitted. Group coaching should not exceed group sizes of 100. Group sizes exclude coaches, officials and other support staff. 	<ul style="list-style-type: none"> All outdoor coaching is permitted. Group coaching should not exceed group sizes of 50. Group sizes exclude coaches, officials and other support staff. 	<ul style="list-style-type: none"> All outdoor coaching is permitted. Group coaching should not exceed group sizes of 30.
Travel (18 years old or over) Government Travel Guidelines: click here	<ul style="list-style-type: none"> No travel restrictions in place. 	<ul style="list-style-type: none"> No travel restrictions in place. For a three-week period the Scottish Government advises Stay Home and Stay Safe – stay home as much as possible and keep contacts to a minimum (27 Dec). 	<ul style="list-style-type: none"> May travel to and from a Level 0, 1 and 2 area to take part in organised sport, physical activity, training and competition. They should not travel to a level 3 or 4 area to take part in organised sport or physical activity. You should avoid car sharing with anyone from another household unless you deem it to be necessary. If individuals or groups do car share then they should follow Transport Scotland Guidance and put in place appropriate risk assessment and mitigations – click here. 	<ul style="list-style-type: none"> May travel to and from a Level 0, 1 and 2 area to take part in organised sport, physical activity, training and competition. They should not travel to a level 3 or 4 area to take part in organised sport or physical activity. You should avoid car sharing with anyone from another household unless you deem it to be necessary. If individuals or groups do car share then they should follow Transport Scotland Guidance and put in place appropriate risk assessment and mitigations – click here. 	<ul style="list-style-type: none"> May travel to and from a Level 0, 1 and 2 area to take part in organised sport, physical activity, training and competition. They should not travel to a level 3 or 4 area. You should avoid car sharing with anyone from another household unless you deem it to be necessary. If individuals or groups do car share then they should follow Transport Scotland Guidance and put in place appropriate risk assessment and mitigations – click here. 	<ul style="list-style-type: none"> Adults living in Level 3 areas may leave their local authority area (up to 5 miles) to take part in a casual game of golf. Adults living in Level 3 areas should only travel locally to take part in a competitive or qualifying round. All travel to and from the venue must take place on the same day with no overnight stays permitted.
Travel (17 years old or under) Government Travel Guidelines: click here	<ul style="list-style-type: none"> No travel restrictions in place. 	<ul style="list-style-type: none"> No travel restrictions in place. For a three-week period the Scottish Government advises Stay Home and Stay Safe – stay home as much as possible and keep contacts to a minimum (27 Dec). 	<ul style="list-style-type: none"> May travel to and from Level 0, 1, 2 and 3 areas to take part in informal exercise and organised sport, training and competition. May also travel to and from a Level 4 area, if for example, they belong to a club which is just outside their own local authority area. They should however travel no further than necessary to take part in the organised activity. You should avoid car sharing with anyone from another household unless you deem it to be necessary. If individuals or groups do car share then they should follow Transport Scotland Guidance and put in place appropriate risk assessment and mitigations – click here. 	<ul style="list-style-type: none"> May travel to and from Level 0, 1, 2 and 3 areas to take part in informal exercise and organised sport, training and competition. May also travel to and from a Level 4 area, if for example, they belong to a club which is just outside their own local authority area. They should however travel no further than necessary to take part in the organised activity. You should avoid car sharing with anyone from another household unless you deem it to be necessary. If individuals or groups do car share then they should follow Transport Scotland Guidance and put in place appropriate risk assessment and mitigations – click here. 	<ul style="list-style-type: none"> May travel to and from Level 0, 1, 2 and 3 areas to take part in informal exercise and organised sport, training and competition. May also travel to and from a Level 4 area, if for example, they belong to a club which is just outside their own local authority area. They should however travel no further than necessary to take part in the organised activity. You should avoid car sharing with anyone from another household unless you deem it to be necessary. If individuals or groups do car share then they should follow Transport Scotland Guidance and put in place appropriate risk assessment and mitigations – click here. 	<ul style="list-style-type: none"> May travel to and from Level 0, 1, 2 and 3 areas to take part in informal exercise and organised sport, training and competition. May also travel to and from a Level 4 area, if for example, they belong to a club which is just outside their own local authority area. They should however travel no further than necessary to take part in the organised activity. All travel to and from the venue must take place on the same day with no overnight stays permitted.

Disclaimer: Scottish Golf and sportscotland's guidance reflect Scottish Government guidance and is not intended as legal advice. We suggest that organisations/individuals obtain their own legal advice before taking, or refraining from, any action based on information contained in our guidance.

*Please note that these guidelines are subject to update and change.