

Type of Activity Indicative Start Date (subject to change)	Level 0 Late June 2021 (subject to change)	Level 1 Orkney, Shetland, Inner Hebrides & Highland Islands (except Skye) – 17 May 2021 Mainland Scotland - 7 June 2021 (indicative - TBC)	Level 2 17 May 2021	Level 3 Current	Level 4 (Stay Local)
On Course Activities	<ul style="list-style-type: none"> Groups of up to 4 golfers with no restrictions on number of households. All tee times must be booked in advance. Professional caddy services may continue. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place. 	<ul style="list-style-type: none"> Groups of up to 4 golfers with no restrictions on number of households. All tee times must be booked in advance. Professional caddy services may continue. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place. 	<ul style="list-style-type: none"> Groups of up to 4 golfers with no restrictions on number of households. All tee times must be booked in advance. Professional caddy services may continue. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place. 	<ul style="list-style-type: none"> Groups of up to 4 golfers within Scotland with no restrictions on the number of households. All tee times must be booked in advance. Any golf club/course which is accessed on a regular basis by over 200 members or visitors, in a single day, must have in place a designated COVID officer and appropriate risk assessments. More detail is available in sportscotland's Phase 3: Return to Sport and Physical Activity guidelines – click here Professional caddy services may resume, providing all physical distancing and hygiene measures are adhered to. There are no restrictions on the number of households a caddy can have contact with per day, but services should be limited to carrying of bag, providing advice and not passing golf clubs to the player. Starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place. 	<ul style="list-style-type: none"> Groups of up to 4 golfers within Scotland with no restrictions on the number of households. All tee times must be booked in advance. Any golf club/course which is accessed on a regular basis by over 200 members or visitors, in a single day, must have in place a designated COVID officer and appropriate risk assessments. More detail is available in sportscotland's Phase 3: Return to Sport and Physical Activity guidelines – click here Professional caddy services may resume, providing all physical distancing and hygiene measures are adhered to. There are no restrictions on the number of households a caddy can have contact with per day, but services should be limited to carrying of bag, providing advice and not passing golf clubs to the player. Outdoor starter facilities can operate, providing that all physical distancing measures are adhered to and appropriate hygiene measures are put in place.
Clubhouse Facilities – locker rooms and toilets	<ul style="list-style-type: none"> All clubhouse facilities may open. Use of changing and showering facilities should be avoided where possible, although they may be available (other than in Level 4 areas where indoor facilities should remain closed) for participants who require additional support such as disabled people or those with special needs. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here 	<ul style="list-style-type: none"> All clubhouse facilities may open. Use of changing and showering facilities should be avoided where possible, although they may be available (other than in Level 4 areas where indoor facilities should remain closed) for participants who require additional support such as disabled people or those with special needs. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here 	<ul style="list-style-type: none"> All clubhouse facilities may open. Use of changing and showering facilities should be avoided where possible, although they may be available (other than in Level 4 areas where indoor facilities should remain closed) for participants who require additional support such as disabled people or those with special needs. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here 	<ul style="list-style-type: none"> All clubhouse facilities may open. Use of changing and showering facilities should be avoided where possible, although they may be available (other than in Level 4 areas where indoor facilities should remain closed) for participants who require additional support such as disabled people or those with special needs. Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available in sportscotland's Getting Your Facilities Fit For Sport Guidelines – click here 	<ul style="list-style-type: none"> All indoor clubhouse facilities should be closed. One off appointments to retrieve equipment are permissible. Toilets may remain open, subject to following Government public toilet guidelines at all times – click here
Indoor Hospitality Government Hospitality Guidelines: Click here	<ul style="list-style-type: none"> All indoor hospitality may continue. Groups may consist of up to 10 people from 4 households. Alcohol may be served. Licensing times apply. 	<ul style="list-style-type: none"> All indoor hospitality may operate until 23.00. Groups may consist of up to 8 people from 3 households. Alcohol may be served. 	<ul style="list-style-type: none"> All indoor hospitality may operate until 22.30. Groups may consist of up to 6 people from 3 households. Alcohol may be served (2 hour dwell time). 	<ul style="list-style-type: none"> All indoor hospitality may operate until 20.00. Groups may consist of up to 6 people from 2 households. No alcohol may be served. 	<ul style="list-style-type: none"> All indoor hospitality facilities should be closed. Takeaway services may be provided for consumption off the premises. Takeaways may no longer allow allow customers indoors, and must instead operate from a hatch or doorway. The sale of alcohol for consumption outdoors is not permitted.
Outdoor Hospitality Government Hospitality Guidelines: Click here	<ul style="list-style-type: none"> All outdoor hospitality may continue. Groups may consist of up to 15 people from 15 households. Under 12s do not count towards restricted numbers or households outdoors. Alcohol may be served. Licensing times apply. 	<ul style="list-style-type: none"> All outdoor hospitality may continue. Over 18s: Groups may consist of up to 12 people from 12 households. Under 12s do not count towards restricted numbers or households outdoors. Alcohol may be served. Licensing times apply. 	<ul style="list-style-type: none"> All outdoor hospitality may continue. Over 18s: Groups may consist of up to 8 people from 8 households. Under 12s do not count towards restricted numbers or households outdoors. Alcohol may be served. Licensing times apply. 	<ul style="list-style-type: none"> All outdoor hospitality may resume. Groups may consist of up to 6 people from 6 households. Under 12s do not count towards restricted numbers or households outdoors. Alcohol may be served. Licensing times apply. 	<ul style="list-style-type: none"> All outdoor hospitality facilities should be closed. Takeaway services may be provided. Takeaways may no longer allow allow customers indoors, and must instead operate from a hatch or doorway. The sale of alcohol for consumption outdoors is not permitted.
Professional/Retail Shops	<ul style="list-style-type: none"> All professional and retail shops may open. 	<ul style="list-style-type: none"> All professional and retail shops may open. 	<ul style="list-style-type: none"> All professional and retail shops may open. 	<ul style="list-style-type: none"> All professional and retail shops may open. 	<ul style="list-style-type: none"> All professional and retail shops should be closed. Click and collect is permitted – all customers must have an allocated time slot for collection. Indoor starter facilities should not be offered at this time.
Other Facilities – driving ranges, swing studios and club fitting	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Club fitting services may be offered at this time. 	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Club fitting services may be offered at this time. 	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. Under the age of 18 – The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Over the age of 18: Can open on a 1:1 basis for individual exercise. Club fitting services may be offered at this time. 	<ul style="list-style-type: none"> All indoor facilities may open. More detail is available in sportscotland's Opening of Indoor and Outdoor Sport and Leisure Facilities – click here. Under the age of 18 – The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance. Over the age of 18: Can open on a 1:1 basis for individual exercise. Club fitting services may be offered at this time. 	<ul style="list-style-type: none"> All indoor or a combination of indoor and outdoor facilities should be closed. Fully outdoor facilities (regardless of whether bays are covered or not) and if access to the bays may be controlled with physical distancing and all appropriate hygiene measures in place these may remain open. Club fitting services may not be offered at this time.
Coaching	<ul style="list-style-type: none"> All outdoor coaching is permitted. Group coaching should not exceed group sizes of 100. Group sizes exclude coaches, officials and other support staff. 	<ul style="list-style-type: none"> All outdoor coaching is permitted. Group coaching should not exceed group sizes of 100. Group sizes exclude coaches, officials and other support staff. 	<ul style="list-style-type: none"> All outdoor coaching is permitted. Group coaching should not exceed group sizes of 50. Group sizes exclude coaches, officials and other support staff. 	<ul style="list-style-type: none"> All outdoor coaching is permitted. Group coaching should not exceed group sizes of 30. 	<ul style="list-style-type: none"> Only outdoor coaching is permitted. Over the age of 12 - Group coaching should not exceed group sizes of 15 including coaches. Under the age of 12 - Group coaching should not exceed group sizes of 30 including coaches. Number of coaching sessions that may be delivered per day are unlimited.
Travel (18 years old or over) Government Travel Guidelines: click here .	<ul style="list-style-type: none"> May travel to and from a Level 0, 1 and 2 area to take part in organised sport, physical activity, training and competition. They should not travel to a level 3 or 4 area. 	<ul style="list-style-type: none"> May travel to and from a Level 0, 1 and 2 area to take part in organised sport, physical activity, training and competition. They should not travel to a level 3 or 4 area. 	<ul style="list-style-type: none"> May travel to and from a Level 0, 1 and 2 area to take part in organised sport, physical activity, training and competition. They should not travel to a level 3 or 4 area. 	<ul style="list-style-type: none"> Adults living in Level 3 areas may leave their local authority area to take part in a informal exercise and organised sport that starts and finishes in the same place. All travel to and from the venue must take place on the same day with no overnight stays permitted. 	<ul style="list-style-type: none"> Adults living in Level 4 areas may leave their local authority area to take part in a casual game of golf. Adults living in Level 4 areas should only travel locally to take part in a competitive or qualifying round. All travel to and from the venue must take place on the same day with no overnight stays permitted.
Travel (17 years old or under) Government Travel Guidelines: click here .	<ul style="list-style-type: none"> May travel to and from Level 0, 1, 2 and 3 areas to take part in informal exercise and organised sport, training and competition. May also travel to and from a Level 4 area, if for example, they belong to a club which is just outside their own local authority area. They should however travel no further than necessary to take part in the organised activity. 	<ul style="list-style-type: none"> May travel to and from Level 0, 1, 2 and 3 areas to take part in informal exercise and organised sport, training and competition. May also travel to and from a Level 4 area, if for example, they belong to a club which is just outside their own local authority area. They should however travel no further than necessary to take part in the organised activity. 	<ul style="list-style-type: none"> May travel to and from Level 0, 1, 2 and 3 areas to take part in informal exercise and organised sport, training and competition. May also travel to and from a Level 4 area, if for example, they belong to a club which is just outside their own local authority area. They should however travel no further than necessary to take part in the organised activity. 	<ul style="list-style-type: none"> May travel to and from Level 0, 1, 2 and 3 areas to take part in informal exercise and organised sport, training and competition. May also travel to and from a Level 4 area, if for example, they belong to a club which is just outside their own local authority area. They should however travel no further than necessary to take part in the organised activity. All travel to and from the venue must take place on the same day with no overnight stays permitted. 	<ul style="list-style-type: none"> Those living in a Level 3 or 4 area may leave their local authority area to take part in a casual game of golf. May travel to and from Level 0, 1 and 2 areas to take part in a competitive or qualifying round. May also travel to and from a Level 3 or 4 area, if for example, they belong to a club which is just outside their own local authority area. They should however travel no further than necessary to take part in a competitive or qualifying round. All travel to and from the venue must take place on the same day with no overnight stays permitted.