

ASQ Award for Golf Coaching Assistants

<p>INDUCTION Induction pack to include:</p> <ul style="list-style-type: none"> • welcome letter • course administration • course outcomes • assessment and evidence requirements • home study workbooks 	<p>Module 1 – WHAT - Putting HOW-TO –Make it Fun</p> <ul style="list-style-type: none"> • Be introduced to the technical model • Use the 'How-to skills' of fun to coach the full swing to children/ beginners • Practice delivering the what and the How-to skills in a micro-coaching session • Apply rules and etiquette appropriate to the shot • Conduct fun and safe games • Receive tutor-led feedback • Reflect on own practice and develop an action plan 	<p>Module 2 WHAT – Chipping HOW-TO – Provide demonstration and explanation</p> <ul style="list-style-type: none"> • Be introduced to the technical model • Use the 'How-to' skill demonstration to enable players to successfully grip the club, aim the body, address the ball and swing the club • Use the 'How-to' skill of explanation to set up a practice • Practice delivering the what and the How-to skills in a micro-coaching session • Apply rules and etiquette appropriate to the shot • Conduct fun and safe games • Receive tutor-led feedback • Reflect on own practice and develop an action plan 	<p>Module 3 WHAT – Pitching /Bunker HOW-TO – Observation and analysis</p> <ul style="list-style-type: none"> • Be introduced to the technical models • Use 'How-to' skill of observation to identify key features of a players grip, aim, address and swing • Use 'How-to' skills of analysis/ comparison of player's practice against the technical model to identify matches and mismatches • Practice delivering the what and the How-to skills in a micro-coaching session • Apply rules and etiquette appropriate to the shot • Conduct fun and safe games • Receive tutor-led feedback • Reflect on own practice and develop an action plan 	<p>Module 4 WHAT – Full swing HOW-TO – Feedback</p> <ul style="list-style-type: none"> • Be introduced to the technical model • Provide feedback on players shots, more specifically their grip, aim, address and swing • Practice delivering the what and the How-to skills in a micro-coaching session • Apply rules and etiquette appropriate to the shot • Conduct fun and safe games • Receive tutor-led feedback • Reflect on own practice and develop an action plan 	<p>Pathway to Certificate in Coaching Golf</p> <p>All coaches must be an accredited Golf Coaching Assistant to progress onto the Certificate in Coaching Golf qualification.</p> <p>In order to progress onto the Certificate in Coaching Golf qualification, coaches will be expected to evidence a log of 30 hours applied coaching practice.</p> <p>Coaches will be expected to gather evidence of the activities/ sessions they have delivered. This evidence can be recorded in their Coaching Log Book.</p> <p>Each activity should be prepared, delivered and evaluated with appropriate feedback recorded and action plans produced.</p> <p>Coaches should continuously review and evaluate their own practice.</p>
<p>INTRODUCTION</p> <ul style="list-style-type: none"> • Be introduced to the workshop • Be introduced to the role of a Golf Coaching Assistant • Review and establish the 'what-to' and 'How-to' skills of a Golf Coaching Assistant • Be introduced to the workshop programme, outcomes and assessment mechanisms • Role of a Golf Coaching Assistant • Safety & organisation as a Golf Coaching Assistant 					

Assessment and accreditation – Coaches must:

- be assessed delivering a simulated 15 mins coaching session. If coaches demonstrate competence this will be credited. Coaches failing to demonstrate competence across the range will be given one further opportunity to do so.
- produce a recorded evaluation of the assessed coaching practice.
- sit a MCQ (multiple choice questionnaire) to assess knowledge and understanding of golf theory e.g. coaching scenarios, sports science, rules and regulations, etiquette.