



**Scottish
Swimming**

Masters

2024 Scottish National Open SC Masters and Senior Age Group Championships

(under World Aquatic Rules and Scottish Swimming Masters
Swimming Regulations)

**Michael Woods Sports & Leisure Centre,
Glenrothes, KY6 2RD**

Saturday 7th — Sunday 8th September 2024

Licence No: L1/758/SS/SEP24

Masters Motto – Fitness, Fun and Friendship

2024 Scottish National Open SC Masters and Senior Age Group Championships

VENUE DETAILS, SESSION TIMES, EVENTS & ELIGIBILITY INFORMATION

Dates	Saturday 7 th and Sunday 8 th September 2024							
Venue	Michael Woods Sports & Leisure Centre, Glenrothes							
Pool	8 lane, 25m competition pool with full electronic timing 3 lane, swim down pool							
Promoter	SASA Masters National Committee							
Scottish Swimming Contact	Lindsay Lewis, Event Manager, Scottish Swimming Tel: 07715 710581 Email: masters@scottishswimming.com							
Entry Process	Entries will be online							
Entry Deadline	14:00 on 20 th August 2024							
Age Groups	Individual Events							
	A	25-29 years	B	30-34 years	C	35-39 years	D	40-44 years
	E	45-49 years	F	50-54 years	G	55-59 years	H	60-64 years
	J	65-69 years	K	70-74 years	L	75-79 years	M	80-84 years
	N	85-89 years	O	90+	X	18-24 years		
	Team Events							
		*72- 99 years	100-119 years	120-159 years	160-199 years			
	200-239 years	240-279 years	280-319 years					
	Age Groups as at 31 December 2024 *18-24 category competitors (X Group) may only participate in the team event 72-99 years							
Events	All events will be Heat Declared Winner in age classification. In each event, swimmers will be seeded according to their entry time and will compete against those with similar times from the various groups.							
Session Times	Saturday 7th September				Sunday 8th September			
	Session	Warm Up	Start		Session	Warm Up	Start	
	1	12:00	13:00		3	08:00	09:00	
	2	16:00	17:00		4	12:30	13:30	
Warm Up	The indicated warm up times refer to the competition pool while warm up /cool down is also available in the other pool throughout the competition sessions.							
Competition Disclaimer	In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.							
Eligibility	<p>All Masters Competitors must be a registered member of a swimming club within their own Home Country (Swim England, Scottish Swimming, Swim Wales, Swim Ireland) and be 18 years or over on 31 December 2024. Each competitor may only represent one club in the relay events. Registration numbers must be given on the entry form. (Individual and/or relays).</p> <p>Overseas competitors must be registered members of their own Swimming Federation. World Aquatics Rule.</p>							

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ENTRY INFORMATION AND CONDITIONS

Entry Guide	<ul style="list-style-type: none">• Entries to all events INCLUDING RELAYS must be made on-line• Swimmers wishing to participate in the 800m freestyle MUST reconfirm their intention to swim. This may be done by email to: masters@scottishswimming.com or at the pool (recorders desk) up to one hour prior to the start of Session 1. Failure to do so will result in the competitor being withdrawn from that event.• Entry fee(s): £ 8.50 Individual Entry £15.00 Relay Entry• Dependent on the number of entries received, the organisers reserve the right to introduce over the top starts and/or adjust the start time of the sessions.• Prior to submitting entries, please click here for Competitor Safety Notice <p>Online Entries system can be found here. This link will be available from: 1st June</p> <ul style="list-style-type: none">• CLOSING DATE FOR ENTRIES: INDIVIDUAL & RELAY 14:00 on 20th August 2024• If you are experiencing difficulties with the above, please send an email to masters@scottishswimming.com.• Entries will be added to the programme on a first come first served basis and the organisers reserve the right to close entries to any or all Events when capacity is reached. Rejected entries will be refunded.• A draft programme will be posted on the Scottish Swimming website www.scottishswimming.com, approximately 5 days after the closing date.• If you need to withdraw or if there are any discrepancies with your entries, please contact masters@scottishswimming.com as soon as possible. <p>Team Events</p> <ul style="list-style-type: none">• At closing date, only the number of teams entered for each relay event need be submitted. Further information must be submitted (age groups, names etc) on the day of the relay events at the latest. However, should your teams be finalised at any time before then, please email masters@scottishswimming.com with the information.• You do not need to use the team entry form as this is for on the day entries. If emailing information please make sure you enter the Club name, team names, reserves (if there are any), dates of birth, the Event Number and the Age Group. Please see the team entry form here for more details.
Event Regulations	<p>Entry to all events is expressly subject to the Event Regulations on the Scottish Swimming website which can be found here and may, where appropriate, also require compliance with the facility providers regulations.</p> <p>Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all the Event Regulations.</p>
Transgender & Non Binary	<p>The Scottish Swimming Transgender and Non-Binary Competition Policy has been implemented nationally across all aquatic sports on 1st January 2024. The policy and FAQs can be found here. Any related matters that arise during the event should be reported to and will be recorded by the Meet Director/Meet Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming staff. At no point will members be challenged on the day of competition with any matters being managed post event.</p> <p>By entering the Female category, athletes are therefore confirming their birth sex is female and eligible to compete in the female category.</p>

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Safeguarding	The primary safeguarding point of contact for the event in relation to wellbeing and protection matters or and accident is the event Meet Director. The second point of contact is the Scottish Swimming Safeguarding Officer.
Event Merchandise	Event Merchandise can be purchased here . This is pre-order only and will be available to collect at the event.

SCHEDULE OF EVENTS

Saturday 7 th September 2024					
Session 1		Session 2			
Warm Up 12:00 – 12:50		Warm Up 16:00 – 16:50			
Start 13:00		Start 17:00			
101	400m Individual Medley	Male & Open			
102	400m Individual Medley	Female			
103	800m Freestyle	Mixed			
201	4 x 50m Freestyle Relay	Mixed			
202	50m Butterfly	Male & Open			
203	50m Butterfly	Female			
204	200m Backstroke	Male & Open			
205	200m Backstroke	Female			
206	100m Freestyle	Male & Open			
207	100m Freestyle	Female			
208	100m Breaststroke	Male & Open			
209	100m Breaststroke	Female			
210	200m Individual Medley	Male & Open			
211	200m Individual Medley	Female			
212	4 x 50m Medley Relay	Mixed			
Sunday 8 th September 2024					
Session 3		Session 4			
Warm Up 08:00 – 08:50		Warm Up 12:30 – 13:20			
Start 09:00		Start 13:30			
301	100m Individual Medley	Male & Open	401	400m Freestyle	Male & Open
302	100m Individual Medley	Female	402	400m Freestyle	Female
303	200m Freestyle	Male & Open	403	50m Breaststroke	Male & Open
304	200m Freestyle	Female	404	50m Breaststroke	Female
305	50m Backstroke	Male & Open	405	200m Butterfly	Male & Open
306	50m Backstroke	Female	406	200m Butterfly	Female
307	100m Butterfly	Male & Open	407	50m Freestyle	Male & Open
308	100m Butterfly	Female	408	50m Freestyle	Female
309	200m Breaststroke	Male & Open	409	100m Backstroke	Male & Open
310	200m Breaststroke	Female	410	100m Backstroke	Female
311	4 x 50m Medley Relay	Male & Open	411	4 x 50m Freestyle Relay	Male & Open
312	4 x 50m Medley Relay	Female	412	4 x 50m Freestyle Relay	Female

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AWARDS PRESENTATION

Awards Venue	The presentation of Awards will take place after the Sunday afternoon session in Studio 4 in the Leisure Centre	
Awards	Best in Group awards	The Elizabeth McCallum Trophy
	The Norrie Beattie Trophy	Inverclyde Council Trophies
	Brogan Trophies	Eddie Riach Trophy
	Speedo Trophies	Janet Stobie Trophy
	Sandy Galletly Trophy	
	City of Glasgow Scottish Club Championship Cup	
<p>Medals will be awarded down to 3rd place and can be collected at the front desk during the session. The desk will only be open for 15 minutes after the end of the final session of each day for the collection of medals.</p> <p>The 'City of Glasgow' Championship Cup will be awarded to the Scottish Club with the highest total of points accumulated in all individual and relay swims. For this club trophy, X Age group swimmer's points will be included.</p> <p>Points: Individual and Relay. 1st – 10, 2nd – 6, 3rd – 4, 4th – 3, 5th – 2, 6th – 1 combined. In the event of any dead heat for any position, the respective points will be added together and halved. There is no limit to the number of individual entries but there is a cap of 8 events which contribute to the Best in Age Group.</p> <p>The Norrie Beattie, Elizabeth McCallum, Brogan and Speedo Trophies are open to any registered Scottish Masters Swimmer, male or female, who compete in either the 50m Backstroke, 50m butterfly, 50m Breaststroke or 50m Freestyle events. The trophies will be awarded in each event to the fastest Scottish Male/Female swimmer whose placing has been determined by utilising the Age Correction Factor.</p>		