



**Scottish
Swimming**

Masters

Scottish Swimming Regulations for the Masters Swimming National Sport Committee Issue 09 – September 2023

(Changes approved by the Company Board – June 2023)

List of Acronyms

MSC	Scottish Masters Swimming Committee	SASA	Scottish Amateur Swimming Association
BS	British Swimming	CEO	Chief Executive Officer
ES	English Swimming	LA	Licensing Authority
WA	World Aquatics		

Masters Swimming Committee Regulations**INDEX**

SECTION	M1	General
SECTION	M2	Age Groups and Events
	M2.1	Age Groups
	M2.2	Events
SECTION	M3	Championships and Meets
	M3.1	General
	M3.2	Organisation
	M3.3	Eligibility to Complete
	M3.4	Jury of Appeal
	M3.5	National Championships
	M3.6	Masters Decathlon
SECTION	M4	Records
	M4.1	General
	M4.2	Events and Age Groups
	M4.3	Timing
	M4.4	Applications
SECTION	M5	Licensing
	M5.1	General
	M5.2	Licensing Categories
	M5.3	Jurisdiction
	M5.4	Conditions
	M5.5	Facility Minimum Standards
	M5.6	Timescales for Sessions
	M5.7	Applying for a Licence
	M5.8	Notification
	M5.9	Requirements
	M5.10	Reports
	M5.11	Meet Management
	M5.12	Technical Officials
	M5.13	Fees

The “Scottish Swimming Governance Documents” are on www.scottishswimming.com
under - <Clubs and Members> – <Governance> – <Governance Documentation>
www.scottishswimming.com/clubs/governance-club

The “Masters Regulations” are on www.scottishswimming.com
under - <Our Sports> – <Masters Swimming> – <Useful Information> (Downloads)
www.scottishswimming.com/our-sports/masters/masters-important-documents

M1.0 General

M1.1 The Scottish Masters Swimming Committee (MSC), a National Committee of Scottish Swimming, shall comply with the relevant sub- sections of the Company Article A3.1.3.

M1.2 The membership of the MSC shall be in accordance with Company Article A3.1.3.7.3.

M1.3 The MSC shall have the following responsibilities in addition to those in Company Article A3.1.3.6.1.

M1.3.1 to formulate regulations for Masters Swimming activities held in Scotland;

M1.3.2 to decide on the interpretation of the Regulations pertaining to Masters Swimming and give a ruling there on;

M1.3.3 to arrange trials for Masters Swimmers;

M1.3.4 to co-operate with any advisory board which may be appointed by the Company to organise the training of swimmers;

M1.3.5 to compile and submit for approval by the Directors of the Company a calendar of events for Masters including international, national, district and member club contests.

M1.4 Scottish Swimming Governance Documentation shall apply with regards to Awards, Trophies, Eligibility, Fees, Withdrawals, Protests and Complaints.

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M2.0 Age Groups and Events

M2.0.1 Age at 31st December, in the year of competition, determines the age group in which a swimmer may compete in both individual and relay events except as detailed in paragraph M3.3.4.

M2.1 Age Groups

M2.1.1 Age groups for individual events are as follows:

<u>Group</u>	<u>Age</u>	<u>Group</u>	<u>Age</u>
X*	18 – 24 years	J	65 - 69 years`
A	25 – 29 years	K	70 - 74 years
B	30 – 34 years	L	75 - 79 years
C	35 – 39 years	M	80 - 84 years
D	40 – 44 years	N	85 - 89 years.
E	45 – 49 years	O	90 - 94 years
F	50 – 54 years	P	94 - 99 years
G	55 – 59 years	Q	100+ years
H	60 – 64 years		

* See M3.3.3 for clarification.

M2.1.2 Age Groups for relay events, conducted on a total age of team members in whole years are as follows.

- Total Age - 72 - 99 years.
- Total Age - 100 - 119 years.
- Total Age - 120 - 159 years.
- Total Age - 160 - 199 years.
- Total Age - 200 - 239 years.
- Total Age - 240 - 279 years.
- Total Age - 280 - 319 years.
- Total Age - 320 - 359 years.
- Total Age - 360+ years.

M2.2 Events

M2.2.1 The Individual and Team events specified in this section may be included in part or in total in a Licensed Meet programme.

M2.2.2 Individual Events

- The following Long Course (50m) events apply to all Age Groups specified in M2.1.1.

Freestyle	50m, 100m, 200m, 400m, 800m, 1500m
Backstroke	50m, 100m, 200m
Breaststroke	50m, 100m, 200m
Butterfly	50m, 100m, 200m
Individual Medley	200m, 400m

- b) The following Short Course (25m) events apply to all Age Groups specified in M2.1.1
- | | |
|-------------------|------------------------------------|
| Freestyle | 50m, 100m, 200m, 400m, 800m, 1500m |
| Backstroke | 50m, 100m, 200m |
| Breaststroke | 50m, 100m, 200m |
| Butterfly | 50m, 100m, 200m |
| Individual Medley | 100m, 200m 400m |

M2.2.3 Team Events

- M2.2.3.1 The following relay events for men and women apply to all Age Groups specified in M2.1.2 and may be held at both Long and Short Course Competitions:-

4 x 50m Medley

4 x 50m Freestyle

- M2.2.3.2 Teams will consist of four members all from the same club.

- M2.2.3.3 In respect of team events, a competitor can only complete in one of the Age Groups specified in M2.1.2.

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M3.0 Championships and Meets

M3.1 General

- M3.1.1 All Championships and Meets shall be held in an indoor pool.

- M3.1.2 All Championships and Meets shall be conducted under World Aquatics (WA) Masters Rules.

- M3.1.3 All Championships and Meets require an authorising license issued by Scottish Swimming in accordance with Section M5.

- M3.1.4 The following Championships are open and shall be held annually.
National Championships

M3.2 Organisation

- M3.2.1 The management of Championships shall be by an organising committee, appointed by and under the jurisdiction of the MSC.

- M3.2.2 The management of Meets shall be organised by an affiliated club or clubs.

- M3.2.3 Entries shall be made in accordance with the published Information Pack

- M3.2.4 The number of sessions, the programme of events for each session and the closing date for the entries will be determined by the relevant organising committee and published in the Information Pack.

- M3.2.5 Failure to appear, withdrawals or amendments shall be in accordance with the published Information Pack.

- M3.2.6 Technical Officials shall be appointed in accordance with M5.12.

M3.3 Eligibility to Complete

- M3.3.1 Eligibility is defined in Company Rule R4.5.

- M3.3.2 Competitions shall be open to any swimmer aged 25 years of age and over on 31st December in the year of competition.

- M3.3.3 Swimmers aged 18 years to 24 years, on the 31st December in the year of competition, may compete in events open only to this age group, if included as part of a Masters competition.

- M3.3.4 Swimmers aged 16 years to 18 years, on the day of competition, may compete in events open only to this age group, if included as part of a Masters competition.

M3.4 Jury of Appeal

- M3.4.1 The MSC shall appoint or arrange for the appointment of a Jury of Appeal in advance of each Championship.

- M3.4.2 The organising committee shall appoint or arrange for the appointment of a Jury of Appeal in advance of each Meet.

- M3.4.3 The procedure and treatment shall be in accordance with Company Rules R11.3 and R11.4.

M3.5 National Championships

M3.5.1 General

- M3.5.1.1 The Championships will be held in a 25 m or 50m pool as determined in advance by the MSC.

- M3.5.1.2 Requirements in paragraphs M3.1, M3.2, M3.3 and M3.4 shall apply.

M3.5.2 Events

M3.5.2.1 Events will be those detailed in the Information Pack.

M3.5.2.2 In all events there will be a “declared winner” and all places will be decided by times recorded.

M3.5.3 Titles

M3.5.3.1 Scottish Open Masters Champion

Fastest swimmer in each event and age group shall be the Scottish Open Champion.

M3.5.4 Awards

M3.5.4.1 Medals shall be presented as follows:-

Scottish Open Masters Championship – 1st, 2nd, 3rd.

M3.5.4.2 Special awards will be given to the overall winner of each Age Group identified in M2.1.1. These awards will be decided on a cumulative total of points awarded from 1st to 6th place in each event as determined in accordance with M3.5.2.1.

M3.5.4.3 Club Championship

The overall team award will be given to the club which accumulates the highest number of points for all individual swims in all age groups and in all relay events if stated so in the meet information.

These points being determined and described in the meet information

M3.6 Masters Decathlon

M3.6.1 The Scottish Swimming Masters Decathlon Competition is an annual competition running from 1 January to 31 December each year. The aim of the decathlon competition is to encourage greater participation, and to encourage competition across the age groups as per M2.1.1.

M3.6.2 Masters Swimmers accumulate points for up to 10 swims out of the 18 different swimming events (17 long course and 18 short course) available.

M3.6.3 Swims recorded in the Masters Rankings are automatically entered into the competition. There are no entry forms to complete or entry fees to pay.

M3.6.4 The results for all Scottish Masters swimmers will be lifted off the BS Masters Decathlon Competition Results which are posted regularly throughout the year. Long Course swim times are converted to Short Course using the ES Equivalent Performance Tables.

Each swim is awarded points as per the Short Course WA Points Scoring tables.

M3.6.5 At the end of the year for each swimmer the 10 swims are selected from each of 6 categories. The points awarded for these swims are combined to give a total points score for the year.

M3.6.6 Swims which count towards the total points score are selected as being, the highest points scoring event in each of the 6 categories, and then the 4 next highest points scoring events.

The 18 events are separated into 6 categories

- a. Group 1 50m Freestyle, 100m Freestyle, 200m Freestyle
- b. Group 2 400m Freestyle, 800m Freestyle, 1500m Freestyle
- c. Group 3 50m Breaststroke, 100m Breaststroke, 200m Breaststroke
- d. Group 4 50m Backstroke, 100m Backstroke, 200m Backstroke
- e. Group 5 50m Butterfly, 100m Butterfly, 200m Butterfly
- f. Group 6 100m Individual Medley, 200m Individual Medley, 400m Individual Medley

No more than 2 swims per category are counted, and an event may be taken into account once only.

M3.6.7 The Scottish Decathlon Awards shall be presented to the Male and Female swimmer who has accumulated the most points in the competition. These awards will be made at a time decreed suitable by the MSC.

Scottish Awards are given to the top three overall Male and Female swimmers with the highest total points scores.

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M4.0 Records**M4.1 General**

- M4.1.1 Masters Records are recognised by Scottish Swimming in both Long (50m) and Short (25m) Course.
- M4.1.2 The Pool length must be confirmed and a Certificate of Measurement must be lodged with the Scottish Swimming Limited Office.
- M4.1.3 Performances must be registered at a Licensed Masters Meet and the meet must comply with the Scottish Rules as applied to Masters Swimming.
- M4.1.4 Records will only be validated if the minimum number of certificated Technical Officials are present.

M4.2 Events and Age Groups

- M4.2.1 For Individuals, both Men and Woman, records will be recognised for the events and age groups stated in M2.1.1 and M2.2.2 except for the special category "X"
- M4.2.2 For Teams, both Men and Woman, records will be recognised for the events and age groups stated in M2.1.2 and M2.2.3.

M4.3 Timing

- M4.3.1 Electronic timing will take precedence.
- M4.3.2 If non electronic, two digital watches are required and all times must be recorded on the application form. Times to be recorded to 1/100th second (i.e. two decimal places)

M4.4 Applications

- M4.4.1 Applications must be submitted in accordance with Company Rule R7.1.1
- M4.4.2 On receipt the Scottish Masters Administrator will verify the details of the application and ensure all the relevant documentation is complete and forwarded it to the Masters Record Co-ordinator for checking and endorsement.
- M4.4.3 Following endorsement by the Masters Record Co-ordinator the application is returned to the Masters Administrator to request the Company to approve the Record.
- M4.4.4 The Masters Administrator will advise the applicant and the Record Co-ordinator of the decision of the Company.

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M5 Licensing**M5.1 General**

- M5.1.1 Masters competitive events require to be licensed in accordance with Company Rule R4.4.
- M5.1.2 All swimmers must be members of the SASA or be registered members of another WA affiliated country, prior to competing in any licensed event.
- M5.1.3 All licensed events must be held under WA Rules and Scottish Swimming Masters Regulations.
- M5.1.4 The control and monitoring of licence compliance will be based on self assessment and monitoring and reporting by the event referee.
- M5.1.5 Application for a licence may not be granted if the date(s) clash with other Masters events promoted by:
 - a) Scottish Swimming
 - b) Scottish Swimming District relevant to event venue
- M5.1.6 More than one Meet per date may not be held.
- M5.1.7 Should an event fail to achieve the required minimum standards as required by the Masters Regulations the MSC may suspend any outstanding licences, or refuse to issue a new licence in the name of the organising body.

M5.2 Licensing Categories

- M5.2.1 Event licences will be categorised as follows:
 - a) Level 1 – International, National & District Meets
 - b) Level 2 - Club Meets

M5.3 Jurisdiction

- M5.3.1 The Chair of the MSC is responsible for the approval of licences for both categories of meets.

M5.4 Conditions

M5.4.1 Internal Club Championships do not require a licence. However clubs must be aware of Health & Safety requirements and implications in respect of insurance cover.

M5.5 Facility Minimum Standards

	Level 1	Level 2
a) Warm up facilities and marshals	*	*
b) Competitor Seating	*	*
c) Separate Seating for spectators, VIP's etc	*	*
d) Electronic Timing or at least 2 T/K per lane	*	
e) Anti turbulence lane ropes	*	
f) Office facilities – photocopying, telephone.	*	
g) Programme and start sheets	*	*
h) Results service	*	*
i) First aid facilities	*	*

M5.6 Timescale for Sessions

M5.6.1 Session lengths must not exceed the following unless discretion is granted when a licence is issued.

Level 1 Three hours, including medal presentations, with a maximum of three sessions per day.

Level 2 Two hours, including medal presentations, with a maximum of three sessions per day,
or
Three hours, including medal presentation, with a maximum of two sessions per day.

M5.6.2 A Licensing Authority (LA), which is not also the promoting body, shall have discretion to grant a licence for a Meet which does not comply with M5.6.1, provided suitable arrangements have been made for officials and other volunteers, including time off poolside. When the promoting body is also the LA, the Company CEO has the discretion to authorise the issuing of a licence.

M5.7 Applying for a Licence

M5.7.1 Application must be made on the appropriate form available from the Company or appropriate District Masters Convenor. Advertising of a Meet cannot take place without a License number

M5.7.2 Application must be made to the Chair of the MSC, accompanied by the appropriate fee (in accordance with Company Rule R3.4.2) at least 8 weeks prior to the meet. A programme of events must accompany the application.

M5.7.3 When a change to the details on an application (e.g. change of venue or format) is required, a new application must be made. The fee for a new application may be waived at the discretion of the MSC.

M5.8 Notification

M5.8.1 Confirmation that a licence has been granted will be sent to the applicant within 30 days of receipt of the application.

M5.8.2 Where a licence application is refused, the applicant will be advised within 30 days of receipt of the application and the reason of refusal stated.

M5.9 Requirements

M5.9.1 The organiser of a licensed meet must provide a results service which will satisfy the requirements of M5.10.2

M5.9.2 All meet programmes and results must carry the meet licence number.

M5.10 Reports

M5.10.1 A completed Meet Report form, the lists of Officials for each session and results sheets in accordance with M5.10.2, must be returned within 14 days of completion of the event to the Chair of the MSC.

M5.10.2 Results sheets signed, on each front sheet, by the appropriate Session Referee as being acceptable, are required as follows:-

Level 1 One complete set plus an electronic copy.

Level 2 Two complete sets, or as for Level 1.

- M5.10.3 Results must be submitted in an acceptable electronic format (e.g. Hytek, Sport Systems, etc.) to the administrator of the British Masters Rankings database for the application of any swimming Qualifying Times, and the Masters Decathlon Competition.

M5.11 Meet Management

M5.11.1 The Referee will be responsible, for the proper conduct of a meet as defined by its licence, for all poolside related activities and areas (e.g. to include computer team, commentary team and competitors seating).

M5.11.2 The Referee will assume control at the end of the warm up of each scheduled session until the final event in the session has been ratified.

M5.11.3 A Meet Director/Manager must be appointed for all licensed meets by the Organising Body.

M5.12 Technical Officials

M5.12.1 The minimum number of Officials required shall be:-

Official / Lanes	4	6	8	10
Referee	1	1	1	1
Judge 2S	1	1	1	1
Judge	4	6	8	10
Timekeeper (AOE)	4	6	8	10
Timekeeper (no AOE)	8	12	16	20

M5.13 Fees

M5.13.1 The fee for each licence category will be set in accordance with Company Rule R3.4.1.

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