



**Scottish  
Swimming**

**Masters**

# **2023 Scottish National Open SC Masters and Senior Age Group Championships**

(under FINA Rules and Scottish Swimming Masters Swimming Regulations)

**Tollcross International Swimming Centre,  
350 Wellshott Road, Glasgow, G32 7QR**

**Friday 21st – Saturday 22nd April 2023**

Licence No: L1/712/SS/APR23

**Masters Motto – Fitness, Fun and Friendship**

## 2023 Scottish National Open SC Masters and Senior Age Group Championships

### VENUE DETAILS, SESSION TIMES, EVENTS & ELIGIBILITY INFORMATION

<b>Dates</b>	Friday 21 <sup>st</sup> & Saturday 22 <sup>nd</sup> April 2023						
<b>Venue</b>	Tollcross International Swimming centre, Wellshott Road, Glasgow, G32 7QR						
<b>Pool</b>	10 lane, 25m competition pool with full electronic timing 4 lane, 25m swim down pool						
<b>Promoter</b>	SASA Masters National Committee						
<b>Scottish Swimming Contact</b>	Lindsay Lewis, Event Manager, Scottish Swimming Tel: 07715 710581 Email: <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a>						
<b>Entry Process</b>	Entries will be online						
<b>Entry Deadline</b>	14:00 on Tuesday 4 <sup>th</sup> April 2023						
<b>Age Groups</b>	<b>Individual Events</b>						
	A	25-29 years	B	30-34 years	C	35-39 years	D 40-44 years
	E	45-49 years	F	50-54 years	G	55-59 years	H 60-64 years
	J	65-69 years	K	70-74 years	L	75-79 years	M 80-84 years
	N	85-89 years	O	90+	X	18-24 years	
	<b>Team Events</b>						
		*72- 99 years	100-119 years	120-159 years	160-199 years		
	200-239 years	240-279 years	280-319 years				
	<b>Age Groups as at 31 December 2023</b> <b>*18-24 category competitors (X Group) may only participate in the team event 72-99 years</b>						
<b>Events</b>	All events will be Heat Declared Winner in age classification. In each event, swimmers will be seeded according to their entry time and will compete against those with similar times from the various groups.						
<b>Session Times</b>	<b>Friday 21<sup>st</sup> April</b>						
	<b>Session</b>	<b>Warm Up</b>	<b>Start</b>		<b>Session</b>	<b>Warm Up</b>	<b>Start</b>
	<b>1</b>	12:30	13:30		<b>3</b>	08:30	09:30
	<b>2</b>	16:30	17:30		<b>4</b>	13:00	13:45
<b>Warm Up</b>	The indicated warm up times refer to the competition pool while warm up /cool down is also available in the other 25m pool throughout the competition sessions.						
<b>Competition Disclaimer</b>	In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.						
<b>Eligibility</b>	<p>All Masters Competitors must be a registered member of a swimming club within their own Home Country (Swim England, Scottish Swimming, Swim Wales, Swim Ireland) and be 18 years or over on 31 December 2023. Each competitor may only represent one club in the relay events. Registration numbers must be given on the entry form. (Individual and/or relays).</p> <p>Overseas competitors must be registered members of their own Swimming Federation. World Aquatics Rule – previously FINA.</p>						

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### ENTRY INFORMATION AND CONDITIONS

<b>Entry Guide</b>	<ul style="list-style-type: none"><li>• Entries to all events <b>INCLUDING RELAYS</b> must be made on-line</li><li>• Swimmers wishing to participate in the 800m freestyle <b>MUST</b> reconfirm their intention to swim. This may be done by email to: <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a> or at the pool (recorders desk) up to one hour prior to the start of Session 1. Failure to do so will result in the competitor being withdrawn from that event.</li><li>• Entry fee(s): £ 9.50 Individual Entry £17.00 Relay Entry</li><li>• Dependent on the number of entries received, the organisers reserve the right to introduce over the top starts and/or adjust the start time of the sessions</li><li>• Prior to submitting entries, please click <a href="#">here</a> for Competitor Safety Notice</li></ul> <p>Online Entries system can be found <a href="#">here</a></p> <ul style="list-style-type: none"><li>• <b>CLOSING DATE FOR ENTRIES: INDIVIDUAL &amp; RELAY 14:00 on Tuesday 4<sup>th</sup> April 2023</b></li><li>• If you are experiencing difficulties with the above, please send an email to <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a>.</li><li>• Entries will be added to the programme on a first come first served basis and the organisers reserve the right to close entries to any or all Events when capacity is reached. Rejected entries will be refunded.</li><li>• A draft programme will be posted on the Scottish Swimming website <a href="http://www.scottishswimming.com">www.scottishswimming.com</a> and on <a href="http://www.swimscotland.co.uk">www.swimscotland.co.uk</a>, approximately 5 days after the closing date.</li><li>• If you need to withdraw or if there are any discrepancies with your entries, please contact <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a> as soon as possible</li></ul> <p><b>Team Events</b></p> <ul style="list-style-type: none"><li>• At closing date, only the number of teams entered for each relay event need be submitted. Further information must be submitted (age groups, names etc) on the day of the relay events at the latest. However, should your teams be finalised at any time before then, please email <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a> with the information.</li><li>• You do not need to use the team entry form as this is for on the day entries. If emailing information please make sure you enter the Club name, team names, reserves (if there are any), dates of birth, the Event Number and the Age Group. For on the day entries, please see the team entry form <a href="#">here</a> for more details.</li></ul>
<b>Event Regulations</b>	<p>Entry to all events is expressly subject to the Event Regulations on the Scottish Swimming website which can be found <a href="#">here</a> and may, where appropriate, also require compliance with the facility providers regulations.</p> <p>Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.</p>

### SCHEDULE OF EVENTS

[scottishswimming.com](http://scottishswimming.com)



2023 Scottish National Open SC Masters and Senior Age Group Championships

Friday 21<sup>st</sup> April 2023

Session 1 Warm Up 12:30 – 13:15 Start 13:30			Session 2 Warm Up 16:30 – 17:15 Start 17:30		
101	400m Individual Medley	Male	201	4 x 50m Freestyle Relay	Mixed
102	400m Individual Medley	Female	202	200m Backstroke	Male
103	800m Freestyle	Mixed	203	200m Backstroke	Female
104	100m Butterfly	Male	204	100m Individual Medley	Male
105	100m Butterfly	Female	205	100m Individual Medley	Female
			206	50m Breaststroke	Male
			207	50m Breaststroke	Female
			208	200m Freestyle	Male
			209	200m Freestyle	Female
			210	4 x 50m Medley Relay	Mixed

Saturday 22<sup>nd</sup> April 2023

Session 3 Warm Up 08:30 – 09:15 Start 09:30			Session 4 Warm Up 13:00 – 13:30 Start 13:45		
301	200m Individual Medley	Female	401	400m Freestyle	Female
302	200m Individual Medley	Male	402	400m Freestyle	Male
303	100m Breaststroke	Female	403	50m Butterfly	Female
304	100m Breaststroke	Male	404	50m Butterfly	Male
305	50m Backstroke	Female	405	100m Backstroke	Female
306	50m Backstroke	Male	406	100m Backstroke	Male
307	100m Freestyle	Female	407	50m Freestyle	Female
308	100m Freestyle	Male	408	50m Freestyle	Male
309	200m Butterfly	Female	409	200m Breaststroke	Female
310	200m Butterfly	Male	410	200m Breaststroke	Male
311	4 x 50m Medley Relay	Female	411	4 x 50m Freestyle Relay	Female
312	4 x 50m Medley Relay	Male	412	4 x 50m Freestyle Relay	Male

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### CEILIDH AWARDS PRESENTATION

<b>Ceilidh Venue</b>	The presentation of Awards will take place during the Ceilidh on Saturday evening at the Debate Chamber Glasgow University Union.	
<b>Tickets</b>	The ticket price is being maintained at the pre Covid price of £22.00. After completing the event entries and payment details the option is available to book Ceilidh tickets, select the number required and the cost will be added to the bill. Tickets can be collected from the competitor information desk at the pool. <b>Please remember to bring your ceilidh tickets with you as they will be collected at entry.</b>	
<b>Awards</b>	Best in Group awards	Swim Decathlon Awards - 2022
	The Norrie Beattie Trophy	The Elizabeth McCallum Trophy
	Brogan Trophies	Inverclyde Council Trophies
	Speedo Trophies	Eddie Riach Trophy
	Sandy Galletly Trophy	Janet Stobie Trophy
	City of Glasgow Scottish Club Championship Cup	
	<p>Medals will be awarded down to 3<sup>rd</sup> place and can be collected at the front desk during the session. The desk will only be open for 15 minutes after the end of the final session of each day for the collection of medals.</p> <p>The 'City of Glasgow' Championship Cup will be awarded to the Scottish Club with the highest total of points accumulated in all individual and relay swims. For this club trophy, X Age group swimmer's points will be included.</p> <p><b>Points: Individual and Relay. 1<sup>st</sup> – 10, 2<sup>nd</sup> – 6, 3<sup>rd</sup> – 4, 4<sup>th</sup> – 3, 5<sup>th</sup> – 2, 6<sup>th</sup> – 1 combined.</b> In the event of any dead heat for any position, the respective points will be added together and halved. There is no limit to the number of individual entries but there is a cap of 8 events which contribute to the Best in Age Group.</p> <p>The Norrie Beattie, Elizabeth McCallum, Brogan and Speedo Trophies are open to any registered Scottish Masters Swimmer, male or female, who compete in either the 50m Backstroke, 50m butterfly, 50m Breaststroke or 50m Freestyle events. The trophies will be awarded in each event to the fastest Scottish Male/Female swimmer whose placing has been determined by utilising the Age Correction Factor.</p>	